



Gabriel Iqbal
Balancing
Peak Performance and Sustainability

Eureka Academy[®]

Leadership – Management - Team Building - Well Being - Environment

Making a Difference

Canada UK Shanghai Dubai

7 Habits + 5S System Workshop At Sheridan College

Exclusively for staff only

Date: Thursday 3rd October, 2011

Time: 09:00 AM to 03:30 PM

Venue: Sheridan College, Community
Employment Services, Oakville, Ontario

Room No: A 12



Profile of Gabriel Iqbal:

Award winning Learning and Leadership Development / Sustainable Development professional with 20 years of global workforce development experience in multiple Fortune 500 companies. Gabriel has created, implemented and facilitated major precedent-setting sustainability, employee and leadership development initiatives. Created strong ties to business performance matrix, ROI and KPI's. Coordinating and engaging people in sustainability campaigns related to issues such as transportation, water and energy conservation, innovations in waste reduction. He has a Diploma in Health Science from Hammersmith and West London College, UK, BSc Hons Environmental Biology and Post Graduation in Education both from University of Leeds, UK. He is also a certified Internal Auditor for EHSMS (Environmental Health and Safety Management Systems), ISO 14001 and OHSAS 18001. His focus on quality and lean management lead him to acquire a certificate in TPS (Toyota Production System) and he has applied Kaizen, 5S System, Gemba and Poka Yoke with demonstrable improvements across a range of multinational organizations. Gabriel is the founder of Eureka Academy and has made his mission to share fresh paradigms in Personal Effectiveness, Organizational Planning, Team Work, Motivation, Sustainable Development and Global Leadership. For details visit: www.eurekamakingadifference.com

7 Habits: Stephen Covey has dedicated his life to demonstrating how everybody can truly control their destiny with profound, yet straightforward guidance. The 7 habits has been known as the top notch program by leading firms worldwide including world leaders and heads of state. 50 million copies of Covey's works have been sold and translated into almost all major languages of the world. Along with numerous accolades to his credit he is recognized by Time Magazine as the 25 of America's most influential person's, this includes the likes of Abraham Lincoln, Dr. Martin Luther King and Benjamin Franklin. The "7 Habits" is an "interactive fun filled workshop" supplemented with a complimentary take home video of a collection of Covey's classic presentations. We assure significant to major paradigm shifts in team work and fresh perspectives in proactive development and mutual inter-dependence. Bringing fresh perspectives and unconventional solutions to challenging issues!

The 5S System: is established and used by TPS (Toyota Production System). Many professionals also use it to effectively manage their housekeeping performance. Be it at the office desk, work place or home, 5S is surely a fantastic and proven tool to organize yourself and improve your productivity. Simply stated, it simplifies things!

- Personal Effectiveness & Organizational Planning
- Change Management, Team Work & Motivation
- Sustainable Development & Ethical Global Leadership